



About

Group Dynamics / Getting to
Know Each Other /
Understanding / Perspective

This activity aims to facilitate participants getting to know one another, collectively brainstorm on abstract concepts, and make each other's experiential worlds shareable. It seeks to create a space for participants to express themselves and their views through different concepts and invites them into the process of visualizing abstract thought.

Participants
Groups of 10 people / 5 sessions /
50 participants

2021















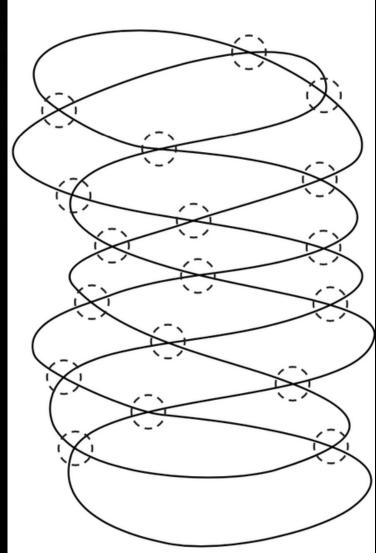
// We live in interesting and challenging time. Massive climate changes are likely, the world's population is growing rapid-ly, an economy built on debt, and not on savings, is producing austerity for billions of people, loss of biodiversity threatens the survival of millions of species – you've heard it all before.

Given this reality we have two choices. Firstly, we can wait until the consequen- ces of these changes are upon us and try to cope as best we can during the crises. Or we can act now, building our resilience and adaptive capacity, prepa- ring in advance and do the best we can to ensure a more positive outcome. Paul Hawken in »Blessed Unrest« speaks of a massive international movement of civil society, an intersection of the ecology,

civil rights and participatory democracy movements that spans the globe. This movement – unforeseen and leaderless – is literally the activation of the plane– tary immune system seeking to build a future that works for all. Dragon Dreaming is a part of this movement and aims to be of »Service to the Earth«, contributing to a positive human pre– sence on the planet.

We also live in a very individualized time, and while this has a lot of positi- ve effects, it also drives us into isolation. However when facing the challenges mentioned above, we need to be sup- porting each other as much as we can. This is why Dragon Dreaming also focu-ses on »Community Building«.

Thirdly we like to live our lives within our comfort zone. You might be familiar with it That zone where we know our way and we deal most preferably with those people we feel comfortable with. Here we feel safe. But we can only learn by moving outside our comfort zone. This is where »The Dragons« lie waiting, and where the name Dragon Dreaming comes from. The Dragons represent our troubles, our fears and uncertainties, those people in our lives we may have difficulties with. If we manage to cross our own boundaries, we learn how to »dance with our dragons« – we can empower ourselves more and more to dis-cover our own strengths and skills. And so Dragon Dreaming aims for the third objective »Personal Growth«.



The Aboriginal Concept of Dream Time. Everything is a temporary node in a process of flow.

Dragon Dreaming is all about getting things safely out of control.

Dream Time

The Aboriginal concept of time

The modern world view is based upon the belief that time is collective and objectively a linear process, traveling from past, through the present, to the future. Within this view, dreaming is seen as a subjective individual process, devoid of reality. Amongst many indigenous cultures, including traditional Australian Aboriginal culture, dreaming is seen as a collective and objective experience. This prospective allows us access to interpersonal creativity and a deeper understanding. In this view, nothing is separate: everything is a temporary node in a process of flow.

As an Aboriginal proverb states, »We are all visitors to this time, this place. We are just passing through. Our purpose here is to observe, to learn, to grow, to love... and then we return home to country.« This means that everything is possible and that when working with the concept of Dream Time, we are working with the side of ourselves which has access to the collective intelligence.

This view also suggests that all of us are caught in the present on a bridge between where we have come from and where we are going. For some, the bridge is narrow and easy to cross, and for others it is deep and threatening. This bridge is held in story – a story we create moment by moment, building the stones of the bridge as we travel. This creates an explanation of our lives – of where we began, of the important lessons from key events of our lives and illustrates where we feel we are going: the songline.















instructors





The world revolves because creative people, everything needs a little anarchy.

